**OANJ Fall Virtual Conference 2022**

**The Dark Side of Contact Lenses –**William Velardi Jr., OD

Our patients are under the misconception that wearing contact lenses is like wearing shoes, you slip them on and off you go, and replaces them when they wear out. For the vast majority of our patients it is just like that, effortless carefree and worry free. But for those few that do not “play-by-the-rules” and adhere to the correct wearing schedule or cleaning regimen, they become not only a big worry but a possible detriment to their vision. In this hour we will discuss the care and feeding of the basic contact lens, try and determine who, or what, is a fault when something does go wrong and what the potential consequences are when it does. While there are not very many things that can go wrong, if you have ever had a red eye while wearing contact lenses or seen anyone else with a contact lens related red eye, you know how painful and sight threatening some of these conditions can be.

**The ABC’s of Fitting of Soft Contact Lenses –**William Underwood, PhD, ABOM

This course will provide an overview of the soft contact lens fitting process from pre-fit evaluation to follow up care. Methods of selecting lens type and lens parameter s based on pre-fit findings and patient needs will be discussed. Videos of lens fit evaluation and troubleshooting will be presented

**More Screen Time, More Protection, Less Reflection –**Samantha Toth

Increased screen time means patients are affected by irritating blue-purple reflections of blue light blocking lenses when they see themselves on the screen during virtual meetings. Patients seek a clear lens alternative that offers a balance of protection, clarity and aesthetics to mitigate the potential challenges of digital light sources. This course discusses two sub-bands of blue light, its negative and positive impacts on our eyes & training on two types of blue blocking products available. It clarifies how each product works and how to properly educate patients on UV and blue light protection at important points of the patient journey.

**Best Practices for VSP – EyeMed – DME Medicare Claims-**Pamela Fritz

This two-hour seminar will discuss the insurance claims ins and outs for licensed Opticians in practices with and without physician oversight. Patient eligibility, plan coverage, benefit calculation, filing claims and avoiding an insurance audit will be covered in this course.

**Cost: $41 members, $69 nonmembers**